



Lend a helping **HAND**

Signs of an Opioid Overdose

A person might be having an opioid overdose if they:

- Are known to use opioids
- Will not wake up, even when you shake them
- Are breathing slowly or not at all
- Have lips or fingernails that are blue or gray-colored
- Have clammy or pale skin

IF YOU SEE THESE SIGNS, IT MAY BE AN OPIOID OVERDOSE!

You can save a life by lending a **HAND**:

HELP: Call 911

AIRWAY: Give rescue breaths

NALOXONE: Give naloxone. Repeat dose in 2-3 minutes if they do not wake up.

DON'T LEAVE! Wait until 911 help arrives. Do place the person on their side, in case they vomit.

These actions will **NOT** stop the overdose:

- **DO NOT** slap, pinch, burn, or hurt the person
- **DO NOT** place the individual in a bathtub with cold water
- **DO NOT** inject the person with bleach or any other substance other than naloxone
- **DO NOT** let the individual sleep it off
- **DO NOT** leave the person